

It wouldn't be summer in Scottsdale without spending some time in the sun and splashing in the pool! Scottsdale's Parks and Recreation department is ready and excited to present its summer aquatics programs; and is doing so in a thoughtful approach with safety and service top of mind.

Cactus, Eldorado and McDowell Mountain Ranch Aquatic Centers will re-open on Tuesday, May 26 for lap swim. Lap swim schedules are posted on the pool's webpages. You can view those by visiting ScottsdaleAZ.gov and search 'Aquatics'.

Swim lesson, recreation swim and dive team sessions will begin the week of June 22, with registration beginning **May 26**. Lesson and Team session dates and times information can be found by visiting Recreation.ScottsdaleAZ.gov and searching for the program you are interested in.

Chaparral Pool is currently closed. As the summer progresses, information regarding Waterpark Park and Water Exercise classes will be shared on the City's website.

Registration for those will begin May 26 for Scottsdale residents and May 27 for non-residents. View the classes and register by visiting ScottsdaleAZ.gov, search 'swim lessons'.

Scottsdale is tentatively planning to open pools for public swim and water park fun sometime in July. More details on that to come!

Stay up to date with Scottsdale's aquatic program by visiting ScottsdaleAZ.gov and search 'Aquatics'.

***** ALL PROGRAMS ARE SUBJECT TO CHANGE *****

POOL LOCATIONS:

CACTUS AQUATIC & FITNESS CENTER (CACT)

7202 E. Cactus Road | 480-312-7665

ELDORADO AQUATIC & FITNESS CENTER (ELDO)

2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)

15525 N. Thompson Peak Parkway | 480-312-6677

SUMMER POOL HOURS:

Call the individual pool or visit ScottsdaleAZ.gov and search "Aquatics" for hours of operation..

LAP SWIM FEES

Adult (R) \$3 / Child (R) \$2	CACT / ELDO
Adult (N) \$5 / Child (N) \$3	CACT / ELDO
Adult (R) \$6 / Child (R) \$4	MMRA
Adult (N) \$9 / Child (N) \$7	MMRA

AQUATIC INCLEMENT WEATHER POLICY – The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are canceled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.

YOUTH LEARN TO SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Summer 2020 Lessons at Cactus, Eldorado, and McDowell Mountain Ranch

LEARN TO SWIM LESSONS

Scottsdale instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. *Classes will be canceled one-week before start if minimum registration is not met.*

- Each session consists of eight 30 minute lessons.
- For session dates and times, search by class name or location.
- Waitlists do not guarantee a spot in a swim lesson.

SWIM LESSON ASSESSMENTS

Certified instructors will conduct a swim test to determine the child's current level. All participants will receive a recommended level to assist with lesson registration. To schedule a swim lesson assessment, call any of our aquatic centers. You can also use the swim assessment tool on our website. It is important for the student to be registered in the proper level. *Please note: If your child's skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.*



SEA BABIES

(6mo-3yrs / 1:12 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills



TADPOLES

(2.5-5yrs / 1:4 ratio)

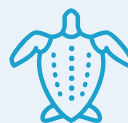
- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on lifejackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted streamlines & rolling from back to front and front to back
- Swim benchmarks in swim wear and regular clothes



GUPPIES

(3-6yrs / 1:4 ratio)

- Basic water safety skills (putting on a life jacket & kick 20 ft)
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes



SEA TURTLES

(4-7yrs / 1:6 ratio)

- Students must be comfortable moving independently in water up to 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



OTTERS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Introduction to backstroke



DOLPHINS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Water safety concepts and how to call 9-1-1
- Backstroke & butterfly concepts



ORCAS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Breaststroke & side stroke concepts
- Endurance building



SHARKS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

Search online for swim lessons by class name or by location at Recreation.ScottsdaleAZ.gov

ADULT LEARN TO SWIM

Classes must meet minimum enrollment levels. Classes will be canceled one week prior to the start date if the minimum enrollment level is not met.

ADULT LEARN TO SWIM

(18yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

ADULT STROKE REFINEMENT

(18yrs+) This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.

YOUTH SWIM

RECREATIONAL SWIM TEAM

(5-17yrs) This program focuses on enhancing and improving swimming stroke in a recreational environment. Participants must be able to swim 25 yards across the pool in all of the four competitive strokes.

RECREATIONAL DIVE TEAM

(6-17yrs) Program objective is to improve diving skills through skill progression and techniques. Previous participation in a diving class or team is recommended. Participants must be at least 6 years old by the start of the program.





SAFETY LUAU

Aloha!

Participate in a mock rescue
and a CPR training session.
Learn to hula, have some fun
and enjoy public swim.

Come enjoy the end of summer
before school starts.

Saturday, August
from 4-8 p.m.

Eldorado Aquatic Center
480-312-2484

Find what you're looking for... ONLINE
 Register for classes online at Recreation.ScottsdaleAZ.gov.
 Search by class name and sort by location, time and day of week.