

# March

## Announcements:

3/2 : Spring Saturday lessons begin

3/11: Spring Break lifeguard course begins (See Front Desk for details)

3/18: Hybrid lifeguard course begins (See Front Desk for details)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	2 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
3 <b>Closed</b>	4 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	5 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	6 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	7 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	8 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	9 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
10 <b>Closed</b>	11 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	12 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	13 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	14 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	15 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	16 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
17 <b>Closed</b>	18 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	19 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	20 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	21 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	22 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	23 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
24 / 31 <b>Closed</b>	25 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	26 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	27 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	28 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	29 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.-8p.m.	30 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.

**McDowell Mountain Ranch  
Aquatic and Fitness Center**

15525 N. Thompson Peak Pkwy



# April

## Announcements:

4/29: Spring Monday / Wednesday Lessons Begin

4/29: Evening lap swim hours change

4/30: Spring Tuesday / Thursday Lessons Begin

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	2 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	3 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	4 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	5 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	6 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
7 <b>Closed</b>	8 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	9 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	10 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	11 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	12 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	13 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
14 <b>Closed</b>	15 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	16 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	17 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	18 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	19 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	20 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
21 <b>Closed</b>	22 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	23 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	24 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	25 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	26 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 5–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	27 <b>Lap Swim &amp; Gym</b> 8 a.m.—2 p.m.
28 <b>Closed</b>	29* <b>Lap Swim:</b> 6 a.m.–1 p.m. & 6–8 p.m. <b>Gym:</b> 6a.m.–8p.m.	30 <b>Lap Swim:</b> 6 a.m.–1 p.m. & 6–8 p.m. <b>Gym:</b> 6a.m.–8p.m.				

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