May

ANNOUNCEMENTS:

5/4: Weekend lap swim hours change, waterpark hours begin!

5/18: Alternate hours due to artistic swim meet

5/27: Alternate hours due to holiday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	2 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	3 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	4* Lap Swim, Waterpark, & Gym: 15:30 p.m.
5 Lap Swim, Waterpark, & Gym: 15:30 p.m.	6 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	7 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	8 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	9 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	10 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 15:30 p.m.
Lap Swim, Waterpark, & Gym: 15:30 p.m.	13 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	14 Lap Swim: 6 a.m1 p.m. & 6-8 p.m. Gym: 6 a.m8 p.m.	15 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	16 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	17 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	18*
19 Lap Swim, Waterpark, & Gym: 15:30 p.m.	20 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	21 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	22 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	23 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	24 Lap Swim: 6 a.m.—1 p.m. & 6—8 p.m. Gym: 6 a.m.—8 p.m.	25 Lap Swim, Waterpark, & Gym: 15:30 p.m.
26 Lap Swim, Waterpark, & Gym: 15:30 p.m.	27* Lap Swim, Waterpark, & Gym: 15:30 p.m.	28 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	29 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	30 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	31 Lap Swim: 6 a.m.–1 p.m. & 6–8 p.m. Gym: 6 a.m.–8 p.m.	



McDowell Mountain Ranch Aquatic & Fitness Center



June

ANNOUNCEMENTS:

- 6/1 Waterpark Hours begin every day
- 6/14 Glow Up Event 6-9 p.m.
- 6/19 Alternate Hours for holiday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Lap Swim, Waterpark, & Gym: 15:30 p.m.
2 Lap Swim, Waterpark, & Gym: 15:30 p.m.	3 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	4 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1-5 p.m. Gym: 6 a.m8 p.m.	5 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	6 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	7 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5:30 p.m. Gym: 6 a.m8 p.m.	8 Lap Swim, Waterpark, & Gym: 15:30 p.m.
9 Lap Swim, Waterpark, & Gym: 15:30 p.m.	10 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	11 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1-5 p.m. Gym: 6 a.m8 p.m.	12 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	13 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	14* Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 –9 p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 15:30 p.m.
16 Lap Swim, Waterpark, & Gym: 15:30 p.m. 23/30	17 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	18 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1-5 p.m. Gym: 6 a.m8 p.m.	19* Lap Swim, Waterpark, & Gym: 15:30 p.m.	20 Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	21* Lap Swim: 6-8 a.m. & 12- 5:30p.m Waterpark: 1 -5:30 p.m. Gym: 6 a.m5:30p.m.	22 Lap Swim, Waterpark, & Gym: 15:30 p.m.
Lap Swim, Waterpark, & Gym: 15:30 p.m.	Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. & 12-8 p.m. Waterpark: 1 -5:30 p.m. Gym: 6 a.m8 p.m.	Lap Swim, Waterpark, & Gym: 15:30 p.m.



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