December

• ANNOUNCEMENTS:

- 12/2: Evening Lap swim hours change
- 12/23: Water Aerobics Break Begins (2 weeks)
- 12/24-26: Closed for Holidays
- 12/31: Alternate Hours for Holiday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Closed	2 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m.—8 p.m.	3 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	4 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	5 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	6 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	7 Lap Swim & Gym 8 a.m.—2 p.m.
8 Closed	9 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	10 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	11 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	12 Lap Swim: 6 a.m.—1 p.m. & 5—8 p.m. Gym: 6 a.m.—8 p.m.	13 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	14 Lap Swim & Gym 8 a.m.—2 p.m.
15 Closed	16 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m.—8 p.m.	17 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	18 Lap Swim: 6 a.m.—1 p.m. & 5—8 p.m. Gym: 6 a.m.—8 p.m.	19 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	20 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	21 Lap Swim & Gym 8 a.m.—2 p.m.
22 Closed	23* Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	24* Closed	25* Closed	26* Closed	27 Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	28 Lap Swim & Gym 8 a.m.—2 p.m.
29 Closed	30 Lap Swim: 6 a.m.—1 p.m. & 5—8 p.m. Gym: 6 a.m.—8 p.m.	31* Lap Swim & Gym 6 a.m.—1 p.m.				



McDowell Mountain Ranch Aquatic & Fitness Center



January

ANNOUNCEMENTS:

- 1/1: Closed For Holiday
- 1/6: January H20X Begins
- 1/20: Alternate hours for holiday-no H20x classes
- 1/26: Alternate Hours due to meet at Cactus Pool



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed			1* Closed	2 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	3 Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	4 Lap Swim & Gym 8 a.m.—2 p.m.
5	6	7	8	9	10	11
Closed	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
12	13	14	15	16	17	18
Closed	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m1 p.m. & 5-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
19	20*	21	22	23	24	25
Closed	Lap Swim & Gym 8 a.m.—1p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim & Gym 8 a.m.—2 p.m.
26*	27	28	29	30	31	
Lap Swim & Gym 9 a.m.—1 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.—8 p.m.	Lap Swim: 6 a.m.–1 p.m. & 5–8 p.m. Gym: 6 a.m.–8 p.m.	



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