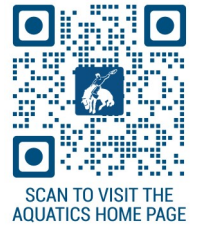


# July

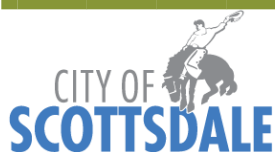
## ANNOUNCEMENTS:

- 7/4 Holiday Hours
- 7/19 Parks and Rec Celebration Event (free event)



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

	1 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	2 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	3 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	4 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.	5 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5:30 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	6 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.
7 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.	8 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	9 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	10 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	11 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	12 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5:30 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	13 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.
14 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.	15 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	16 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	17 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	18 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	19 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -9 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	20 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.
21 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.	22 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	23 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	24 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	25 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	26 <b>Lap Swim:</b> 6-8 a.m. & 12-5:30p.m. <b>Waterpark:</b> 1 -5:30 p.m. <b>Gym:</b> 6 a.m.-5:30p.m.	27 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.
28 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.	29 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	30 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	31 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1 -5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.			



## McDowell Mountain Ranch Aquatic & Fitness Center

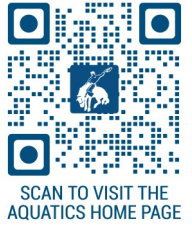
2301 N. Miller Road, Scottsdale, AZ 85260 | 480-312-6677



# August

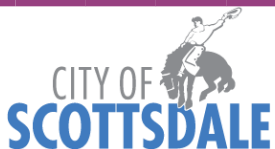
## ANNOUNCEMENTS:

- 8/5: Facility hours change
- 8/5: Fall weekday lessons begin



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

				1 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1-5 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	2 <b>Lap Swim:</b> 6-8 a.m. & 12-8 p.m. <b>Waterpark:</b> 1-5:30 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	3 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.
4 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.	5* <b>Lap Swim:</b> 6 a.m. -1 p.m. & 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	6 <b>Lap Swim:</b> 6 a.m. -1 p.m. & 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	7 <b>Lap Swim:</b> 6 a.m. -1 p.m. & 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	8 <b>Lap Swim:</b> 6 a.m. -1 p.m. & 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	9 <b>Lap Swim:</b> 6 a.m. -1 p.m. & 6-8 p.m. <b>Gym:</b> 6 a.m.-8 p.m.	10 <b>Lap Swim, Waterpark, &amp; Gym:</b> 1 --5:30 p.m.
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