

ANNOUNCEMENTS:

- Mon-Fri, 6-8 a.m.: Extremely Limited Lap Lanes
- 7/4: **Holiday Hours** 8 a.m.-12 p.m.
- OPEN SWIM Mon-Fri 12pm-3pm; Sat and Sundays
- Long Course Lap Swim: Fridays 11a.m.-4p.m.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	2 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	3 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	4 Holiday Hours Lap Swim, Open Swim & Gym: 8 a.m12 p.m.	5 Lap Swim: 6-8 a.m. Long Course: 11 a.m4 p.m. Gym: 6 a.m4 p.m.	6 Lap Swim, Open Swim & Gym: 1-5 p.m.
7 Lap Swim, Open Swim & Gym: 9 a.m1 p.m.	8 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	9 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	10 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	11 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. Long Course: 11 a.m4 p.m. Gym: 6 a.m4 p.m.	Lap Swim, Open Swim & Gym: 1-5 p.m.
Lap Swim, Open Swim & Gym: 9 a.m1 p.m.	15 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	16 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	17 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	18 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. Long Course: 11 a.m4 p.m. Gym: 6 a.m4 p.m.	Lap Swim, Open Swim & Gym: 1-5 p.m.
Lap Swim, Open Swim & Gym: 9 a.m1 p.m.	22 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	23 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	24 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	25 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6-8 a.m. Long Course: 11 a.m4 p.m. Gym: 6 a.m4 p.m.	27 Lap Swim, Open Swim & Gym: 1-5 p.m.
28 Lap Swim, Open Swim & Gym: 9 a.m1 p.m.	29 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	30 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	31 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.			





August

ANNOUNCEMENTS:

• Mon-Fri, 6-8 a.m.: Extremely Limited Lap Lanes

• 8/5: Fall Hours Begin

• 8/5: M/W Swim Lessons Begin

No Long course available



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lap Swim: 6 a.m4 p.m. 7-8 p.m. Open Swim: 12-3 p.m. Gym: 6 a.m8 p.m.	2 Lap Swim: 6-8 a.m. 11 a.m4 p.m. Gym: 6 a.m4 p.m.	3 Lap Swim, Open Swim & Gym: 1-5 p.m.
4	5	6	7	8	9	10
Lap Swim, Open Swim & Gym: 9 a.m1 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym: 1-5 p.m.
11	12	13	14	15	16	17
Lap Swim & Gym: 9 a.m1 p.m. Dive Hour 12 p.m.– 1 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym: 1-5 p.m.			
18	19	20	21	22	23	24
Lap Swim & Gym: 9 a.m1 p.m. Dive Hour 12 p.m.– 1 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym: 1-5 p.m.
25	26	27	28	29	30	31
Lap Swim & Gym: 9 a.m1 p.m. Dive Hour 12 p.m.– 1 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim: 6 a.m1 p.m. 6-8 p.m. Gym: 6 a.m8 p.m.	Lap Swim & Gym: 1-5 p.m.			





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