

GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity	Time	Location	Activity
MONDAY:			THURSDAY
Open Cards	8 a.m 5 p.m.	Room 5	Open Chess
Open Arts & Crafts	9 a.m Noon	Room 6	Blood Pressure C
Beginning Strummers	1 - 2 p.m.	Room 10	2nd & 4th Thurs
3):30 a.m 2:30 p.m.		Canasta Newcor
Monday Bridge	12:45 - 4 p.m.	Room 1	Current Events Discussion Grou
TUESDAY:			Canasta
Open Cards Friendship Discussion	8 a.m 5 p.m.	Room 5	Ballroom Dance 2nd & 4th Thurs
Group	10 - 11 a.m.	Room 8	Open Art
Chair Exercises	10 - 11 a.m.	Room 1	Tremble Clefs
Duplicate Bridge	12:45 - 4 p.m.	Room 1	Senior Karaoke 2nd & 4th Thurs
WEDNESDAY:			FRIDAY:
Open Cards	8 a.m 5 p.m.	Room 5	Open Cards
Open Arts	9 a.m Noon	Room 6	Bingo
Current Events	10.00 N	D 0	Scottsdale Strur
l l	10:30 a.m Noon	Room 8	International Ma
Pinochle	Noon - 5 p.m.	Room 11	Friday Bridge
Prickly Pear Duplicate Bridge	1 - 4 p.m.	Room 1	Line Dancing
Table Tennis \$2 drop-in	•	Room 2	Scrabble
•	ι - 4 μ	NOOHI Z	Matinee Movie
THURSDAY:			SATURDAY
Open Cards	8 a.m 5 p.m.	Room 5	Open Cards
Double Deck Pinochle	10 a.m 3 p.m.	Room 12	Table Tennis \$2
Chair Exercises	10 - 11 a.m.	Room 1	Fitness Center \$3 drop-in

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Activity	Time	Location
THURSDAY:		
Open Chess	11 a.m 3 p.m.	Room 5
Blood Pressure Check 2nd & 4th Thurs 1	·	
2nd & 4th Thurs 1	1:15 a.m 1:15 p.m.	
Canasta Newcomers	Noon - 4 p.m.	Room 10
Current Events		
Discussion Group	Noon - 2 p.m.	Room 8
Canasta	Noon - 5 p.m.	Room 11
Ballroom Dance \$8 Fee	N. 0.00	D 0
	Noon - 2:30 p.m.	Room 2
Open Art	1 - 4p.m.	Room 6
Tremble Clefs	3 - 5 p.m.	Room 2
Senior Karaoke	0	Da a 1
2nd & 4th Thurs	2 - 5 p.m.	Room 1
FRIDAY:		
Open Cards	8 a.m 5 p.m.	Room 5
Bingo	9:30 - 11 a.m.	Room 1
Scottsdale Strummers	10 a.m Noon	Room 8
International Mah Jong	•	Room 11
Friday Bridge	12:45 - 4p.m.	Room 1
	30 a.m <u>1</u> 2:30 p.m	
Scrabble	Noon - 5 p.m.	Room 12
Matinee Movie	1 - 3 p.m.	Room 8
SATURDAY:		
Open Cards	8 a.m Noon	Room 11
Table Tennis \$2 drop-in	8 a.m Noon	Room 5
Fitness Center		-'
\$3 drop-in	8 a.m Noon I	Fitness Center

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group Hospice of the Valley -	1st Monday 1:30 p.m.	GRSC
Grief and Loss	1st and 3rd Tuesday 1 p.m.	GRSC
Scottsdale Amputee Support Group Tremble Clefs (<i>Parkinson's Support</i>)	2nd Wednesday 6-7:55 p.m. Thursdays 3 p.m.	GRSC GRSC





