



GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity	Time	Location	Activity	Time	Location
MONDAY:			THURSDAY:		
Open Cards	8 a.m. - 5 p.m.	Room 5	Chair Exercises	10 - 11 a.m.	Room 1
Open Arts & Crafts	9 a.m. - Noon	Room 6	Open Chess	11 a.m. - 3 p.m.	Room 5
Music Memory	10:30-11:30 a.m.	Room 8	Blood Pressure Check		
Mah Jong	10:30 a.m. - 2:30 p.m.	Room 11	2nd & 4th Thurs	11:15 a.m. - 1:15 p.m.	
Monday Bridge	12:45 - 4 p.m.	Room 1	Canasta Newcomers	11 - 4 p.m.	Room 10
Table Tennis \$2 drop-in	3 - 7 p.m.	Room 2	Current Events		
TUESDAY:			Discussion Group	Noon - 2 p.m.	Room 8
Open Cards	8 a.m. - 5 p.m.	Room 12	Canasta	Noon - 5 p.m.	Room 11
Friendship Discussion Group	10 - 11 a.m.	Room 8	Ballroom Dance \$8 Fee		
Chair Exercises	10 - 11 a.m.	Room 1	2nd & 4th Thurs	Noon - 2:30 p.m.	Room 2
Backgammon	10 - noon	Room 10	Open Art	1 - 4p.m.	Room 6
Duplicate Bridge	12:45 - 4 p.m.	Room 1	Tremble Clefs	3 - 5 p.m.	Room 2
Karaoke 1st and 3rd Tues	1-5 p.m.	Room 8	Senior Karaoke		
WEDNESDAY:			2nd & 4th Thurs	2 - 5 p.m.	Room 1
Open Cards	8 a.m. - 5 p.m.	Room 5	FRIDAY:		
Bagels & Banter	9-10 a.m.	Room 1	Open Cards	8 a.m. - 5 p.m.	Room 5
Walking Club	9 - 10 a.m.	GRSC Lobby	Bingo	9 - 11 a.m.	Room 1
Open Arts	9 a.m. - Noon	Room 6	Scottsdale Strummers	10 a.m. - Noon	Room 8
Current Events			Mah-Jongg	11:30a.m.-5 p.m.	Room 11
Discussion Group	10:30 a.m. - Noon	Room 8	International Mah Jong	Noon - 5 p.m.	Room 11
Pinochle	Noon - 5 p.m.	Room 11	Friday Bridge	12:45 - 4p.m.	Room 1
Prickly Pear			Line Dancing	11:30 a.m. - 12:30 p.m.	Room 2
Duplicate Bridge	1 - 4 p.m.	Room 1	Scrabble	Noon - 5 p.m.	Room 12
Table Tennis \$2 drop-in	1 - 4 p.m.	Room 2	Matinee Movie	1 - 3 p.m.	Room 8
THURSDAY:			SATURDAY:		
Double Deck Pinochle	10 a.m. - 3 p.m.	Room 12	Open Cards	8 a.m. - Noon	Room 11
			Fitness Center		
			\$3 drop-in	8 a.m. - Noon	Fitness Center

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group	1st Monday 1:30 p.m.	GRSC
Hospice of the Valley - Grief and Loss	1st and 3rd Tuesday 1:30 p.m.	GRSC
Scottsdale Amputee Support Group	2nd Wednesday 6-7:55 p.m.	GRSC
Tremble Clefs (<i>Parkinson's Support</i>)	Thursdays 3 p.m.	GRSC



Granite Reef Senior Center

1700 N. Granite Reef Rd | Scottsdale | 480-312-1700

