

# MAR. ACTIVITIES

## Senior Services

### GRANITE REEF SENIOR CENTER ACTIVITY LIST

#### Activity Time Location

##### MONDAY:

Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Open Arts & Crafts	9 a.m. - noon	Room 6
Music Memory	10 - 11 a.m.	Room 1
Mah Jong	10:30 a.m. - 2:30 p.m.	Room 11
Monday Bridge	12:45 - 4 p.m.	Room 1
Rummikub	1 - 3 p.m.	Room 9
Scottsdale Strummers	1 - 3 p.m.	Room 8
Table Tennis <b>\$2 drop-in</b>	3 - 7 p.m.	Room 2

##### TUESDAY:

Open Cards & Games	8 a.m. - 5 p.m.	Room 12
Friendship Discussion Group	10 - 11 a.m.	Room 8
Chair Exercises	10 - 11 a.m.	Room 1
Backgammon	10 - noon	Room 10
Duplicate Bridge	12:45 - 4 p.m.	Room 1
Karaoke <b>1st and 3rd Tues</b>	1-5 p.m.	Room 8

##### WEDNESDAY:

Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Bagels & Banter	9-10 a.m.	Room 1
Walking Club	9 - 10 a.m.	GRSC Lobby
Open Arts	9 a.m. - noon	Room 6
Current Events		
Discussion Group	10:30 a.m. - noon	Room 8
Pinochle	Noon - 5 p.m.	Room 11
Prickly Pear		
Duplicate Bridge	1 - 4 p.m.	Room 1
Table Tennis <b>\$2 drop-in</b>	1 - 4 p.m.	Room 2

#### Activity Time Location

##### THURSDAY:

Double Deck Pinochle	10 a.m. - 3 p.m.	Room 12
Chair Exercises	10 - 11 a.m.	Room 1
Open Chess	11 a.m. - 3 p.m.	Room 5
Blood Pressure Check		
<b>2nd &amp; 4th Thurs</b>	11:15 a.m. - 1:15 p.m.	
Canasta Newcomers	11 - 4 p.m.	Room 10
Current Events		
Discussion Group	Noon - 2 p.m.	Room 8
Canasta	Noon - 5 p.m.	Room 11
Ballroom Dance <b>\$8 Fee</b>		
<b>2nd &amp; 4th Thurs</b>	Noon - 2:30 p.m.	Room 2
Open Art	1 - 4 p.m.	Room 6
Open Cards & Games	1 - 5 p.m.	Room 9
Tremble Clefs	3 - 5 p.m.	Room 2
Senior Karaoke		
<b>2nd &amp; 4th Thurs</b>	2 - 5 p.m.	Room 1

##### FRIDAY:

Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Bingo	9 - 11 a.m.	Room 1
Mah-Jongg	Noon - 5 p.m.	Room 11
Friday Bridge	12:45 - 4 p.m.	Room 1
Line Dancing	11:30 a.m. - 12:30 p.m.	Room 2
Scrabble	Noon - 5 p.m.	Room 12
Matinee Movie	1 - 3 p.m.	Room 8

##### SATURDAY:

Open Cards & Games	8 a.m. - noon	Room 11
Fitness Center		
<b>\$3 drop-in</b>	8 a.m. - noon	Fitness Center

### GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group	1st Monday   1:30 p.m.	GRSC
Hospice of the Valley - Grief and Loss	1st and 3rd Tuesday   1:30 p.m.	GRSC
Scottsdale Amputee Support Group	2nd Wednesday   6 - 7:55 p.m.	GRSC
Tremble Clefs ( <i>Parkinson's Support</i> )	Thursdays   3 p.m.	GRSC



**Granite Reef Senior Center**

1700 N. Granite Reef Rd | Scottsdale | 480-312-1700

SCOTTSDALE  
**HUMAN SERVICES**