

GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity	Time	Location	Activity	Time	Location
MONDAY:			THURSDAY:		
Open Cards & Games	8 a.m 5 p.m.	Room 5	Double Deck Pinochle		Room 12
Open Arts & Crafts	9 a.m noon	Room 6	Chair Exercises	10 - 11 a.m.	Room 1
Music Memory	10 - 11 a.m.	Room 1	Open Chess Blood Pressure Check	11 a.m 3 p.m.	Room 5
	0:30 a.m 2:30 p.m		2nd & 4th Thurs	11:15 a.m 1:15 p.m.	
Monday Bridge	12:45 - 4 p.m.	Room 1	Canasta Newcomers	11 - 4 p.m.	Room 10
Easy Ukulele Music	1 - 2 p.m.	Room 8	Current Events		
Rummikub	1 - 3 p.m.	Room 9	Discussion Group	Noon - 2 p.m.	Room 8
Table Tennis \$2 drop-i	n 3 - 7 p.m.	Room 2	Canasta	Noon - 5 p.m.	Room 11
TUESDAY:			Ballroom Dance \$8 Fe 2nd & 4th Thurs	e Noon - 2:30 p.m.	Room 2
Open Cards & Games	8 a.m 5 p.m.	Room 12	Open Art	1 - 4 p.m.	Room 6
Friendship Discussion			Open Cards & Games	1 - 5 p.m.	Room 9
Group	10 - 11 a.m.	Room 8	Tremble Clefs	3 - 5 p.m.	Room 2
Chair Exercises	10 - 11 a.m.	Room 1	Senior Karaoke	0 5	D 1
Backgammon	10 - noon	Room 10	2nd & 4th Thurs	2 - 5 p.m.	Room 1
Duplicate Bridge	12:45 - 4 p.m.	Room 1	FRIDAY:		
Karaoke 1st and 3rd Tu	ues 1-5 p.m.	Room 8	Open Cards & Games		Room 5
WEDNESDAY:	_		Bingo	9 - 11 a.m.	Room 1
Open Cards & Games	8 a.m 5 p.m.	Room 5	Scottsdale Strummers		Room 8
Bagels & Banter	9-10 a.m.	Room 1	Mah-Jongg	Noon - 5 p.m.	Room 11
Walking Club	9 - 10 a.m.	GRSC Lobby	Friday Bridge	12:45 - 4 p.m.	Room 1
Open Arts	9 a.m noon	Room 6	Line Dancing 1 Scrabble	1:30 a.m 12:30 p.m Noon - 5 p.m.	. Room 2 Room 12
Current Events	10,00 0 40 40	Dee: 0	Matinee Movie	1 - 3 p.m.	Room 8
Discussion Group	10:30 a.m noon	Room 8		ι ο μ	11001110
Pinochle	Noon - 5 p.m.	Room 11	SATURDAY:	0	D 11
Prickly Pear	1 /nm	Room 1	Open Cards & Games	8 a.m noon	Room 11
Duplicate Bridge Table Tennis \$2 drop-i	1 - 4 p.m.	Room 2	Fitness Center	8 a.m noon I	Fitness Center
Table Tellills 32 ulop-i	n 1 - 4 p.m.	NUUIII Z	\$3 drop-in	0 d.III IIUUII - I	Titiless Celliel

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group Hospice of the Valley -	1st Monday 1:30 p.m.	GRSC
Grief and Loss	1st and 3rd Tuesday 1:30 p.m.	GRSC
Scottsdale Amputee Support Group	2nd Wednesday 6 - 7:55 p.m.	GRSC
Tremble Clefs (Parkinson's Support)	Thursdays 3 p.m.	GRSC





