

GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity	Time	Location	Activity
MONDAY:			THURSDAY:
Open Cards	8 a.m 5 p.m.	Room 5	Open Chess
Open Arts & Crafts	9 a.m Noon	Room 6	Blood Pressure Che
Beginning Strummers		Room 10	2nd & 4th Thurs Canasta Newcomer
3):30 a.m 2:30 p.m.	Room 11	Current Events
Monday Bridge	12:45 - 4 p.m.	Room 1	Discussion Group
TUESDAY:			Canasta
Open Cards Friendship Discussion	8 a.m 5 p.m.	Room 5	Ballroom Dance \$8 2nd & 4th Thurs
Group	10 - 11 a.m.	Room 8	Open Art
Chair Exercises	10 - 11 a.m.	Room 1	Tremble Clefs
Duplicate Bridge	12:45 - 4 p.m.	Room 1	Senior Karaoke 2nd & 4th Thurs
WEDNESDAY:			FRIDAY:
Open Cards	8 a.m 5 p.m.	Room 5	Open Cards
Open Arts	9 a.m Noon	Room 6	Bingo
Current Events	10.00 N	D 0	Scottsdale Strumm
ı	10:30 a.m Noon	Room 8	International Mah J
Pinochle	Noon - 5 p.m.	Room 11	Friday Bridge
Prickly Pear Duplicate Bridge	1 - 4 p.m.	Room 1	Line Dancing
Table Tennis \$2 drop-in	-	Room 2	Scrabble
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THURSDAY:			SATURDAY:
Open Cards	8 a.m 5 p.m.	Room 5	Open Cards Table Tennis \$2 dro
Double Deck Pinochle		Room 12	Fitness Center
Chair Exercises	10 - 11 a.m.	Room 1	\$3 drop-in

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Activity	Time	Location			
THURSDAY:					
Open Chess	11 a.m 3 p.m.	Room 5			
Blood Pressure Check 2nd & 4th Thurs					
	1:15 a.m 1:15 p.m.				
Canasta Newcomers	Noon - 4 p.m.	Room 10			
Current Events		5 0			
Discussion Group	Noon - 2 p.m.	Room 8			
Canasta	Noon - 5 p.m.	Room 11			
Ballroom Dance \$8 Fee					
	Noon - 2:30 p.m.	Room 2			
Open Art	1 - 4p.m.	Room 6			
Tremble Clefs	3 - 5 p.m.	Room 2			
Senior Karaoke	0 5	D 1			
2nd & 4th Thurs	2 - 5 p.m.	Room 1			
FRIDAY:					
Open Cards	8 a.m 5 p.m.	Room 5			
Bingo	9:30 - 11 a.m.	Room 1			
Scottsdale Strummers	10 a.m Noon	Room 8			
International Mah Jong	-	Room 11			
Friday Bridge	12:45 - 4p.m.	Room 1			
9	30 a.m 12:30 p.m				
Scrabble	Noon - 5 p.m.	Room 12			
Matinee Movie	1 - 3 p.m.	Room 8			
SATURDAY:					
Open Cards	8 a.m Noon	Room 11			
Table Tennis \$2 drop-in	8 a.m Noon	Room 5			
Fitness Center	_				
\$3 drop-in	8 a.m Noon F	Fitness Center			

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group Hospice of the Valley -	1st Monday 1:30 p.m.	GRSC
Grief and Loss Scottsdale Amputee Support Group Tremble Clefs (<i>Parkinson's Support</i>)	1st and 3rd Tuesday 1 p.m. 2nd Wednesday 6-7:55 p.m. Thursdays 3 p.m.	GRSC GRSC GRSC







