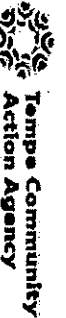


DECEMBER 2024 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pot Roast, potatoes and carrots, coleslaw, whole grain roll, and apple crisp with oatmeal topping.	3 Turkey, mashed potatoes and gravy, green beans, whole grain roll, and pineapple chunks and Fig Newtons	4 Pork Chop** with gravy, sliced mushrooms, winter mix vegetables, lemon-herbed quinoa, and an orange, and an oatmeal cookie.	5 Shrimp Scampi, yellow squash, five-way vegetable mix, whole wheat penne noodles, and cubed mangos.	6 Beef and Broccoli, edamame, Asian vegetable mix, brown rice, and pear slices.
9 Ham and Swiss Cheese Sandwich**, tomato slices, coleslaw, French fries, whole wheat bread, and an orange	10 Cod Fillet, brussels sprouts, chuckwagon corn, brown rice pilaf, and mixed berries.	11 Beef Stew, carrots and potatoes, broccoli, whole wheat biscuit, and apricots.	12 Herb-Encrusted Chicken, yams, spinach, whole grain roll, graham crackers, and apples and cinnamon.	13 Pork Meatballs**, Italian vegetables, butternut squash, whole wheat penne noodles, and peach slices.
16 Broccoli and Cheese-Stuffed Chicken Breast, spinach, baby carrots, whole wheat biscuit, and an apple.	17 Salisbury Steak, mashed potatoes, Normandy vegetables, whole grain roll, and peach crisp with oatmeal topping.	18 Shrimp Alfredo, broccoli, mixed vegetables, brown rice, and pineapple chunks.	19 Chicken with curry sauce, edamame, winter vegetables, whole wheat penne pasta, and apricots.	20 Tri Tip Roast with gravy, baked potato, cauliflower, a whole wheat roll, apple crisp with oatmeal topping, and cake.
23 Turkey with whole wheat bread stuffing, mashed potatoes, baby carrots, and peach slices.	24 Scrambled eggs and pork sausage**, tater tots, diced bell pepper and onion mix, a whole wheat biscuit, and a mandarin orange.	25 Closed for Federal Holiday	26 Chicken tacos on a whole wheat tortilla, refried beans, Mexican corn, and a banana.	27 Spaghetti and beef meatballs, green beans, Garden Green salad, a bread stick, and pear slices.
30 Shrimp scampi, yellow squash, 5-way vegetable mix, whole wheat fettucine pasta, and cubed mangoes.	31 Corned beef, cabbage, red potatoes, whole wheat rye bread, and mixed berries.	Call to sign up, or to cancel your existing meal order:  Tempe Community Action Agency	TCAA is funded in part by Area Agency on Aging, Region One. Menu subject to change due to availability.	Items with ** contain pork or pork products. The menu is subject to change based on availability.

Call 480-312-1724 to make a reservation one day in advance.