


# NOVEMBER 2024 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Items with ** contain pork or pork products.</p> <p>The menu is subject to change based on availability.</p>	<p>Tempe Community Action Agency is funded in part by Area Agency on Aging, Region One.</p>	 <p><b>Tempe Community Action Agency</b></p>		<p>1</p> <p><b>Chicken Tacos</b>, refried beans, Mexican corn, whole wheat tortilla, and a banana.</p>
<p>4</p> <p><b>Spaghetti and Beef Meatballs</b>, green beans, garden green salad, with a breadstick, and sliced pears.</p>	<p>5</p> <p><b>Shrimp Scampi</b>, yellow squash, five-way mixed vegetables, whole wheat fettuccine, and cubed mangos.</p>	<p>6</p> <p><b>Chicken Kiev</b>, spinach, baby carrots, whole-grain roll, and an apple.</p>	<p>7</p> <p><b>** Roasted Pork Loin</b>, cauliflower, peas, brown rice pilaf, and mixed berries.</p>	<p>8</p> <p><b>Tortilla-Encrusted Tilapia</b>, brussels sprouts, chuckwagon corn, whole grain roll, and an orange.</p>
<p>11</p> <p><b>Hamburger</b>, tater tots, four-way vegetable medley, whole wheat bun, and grapes.</p>	<p>12</p> <p><b>Herb-Encrusted Chicken</b>, summer squash, Italian medley, whole wheat pasta, and sliced pears.</p>	<p>13</p> <p><b>Open-Faced Roast Beef Sandwich</b>, roasted red potatoes, green beans, whole wheat bread, whole wheat Fig Newtons, and mixed berries.</p>	<p>14</p> <p><b>Vegetarian Lasagna</b>, Normandy vegetables, garden green salad, whole-wheat roll, and grapes.</p>	<p>15</p> <p><b>Shrimp Alfredo</b>, spinach, mixed vegetables, brown rice, and a banana.</p>
<p>18</p> <p><b>**Scrambled Eggs and Pork Sausage</b>, tater tots, diced bell pepper and onion mix, whole wheat biscuit, and Mandarin oranges.</p>	<p>19</p> <p><b>Bean and Cheese Burrito</b>, Mexican corn, chopped onion and bell pepper, Spanish brown rice, and cubed mangos.</p>	<p>20</p> <p><b>Chicken Nuggets</b>, carrots and potatoes, broccoli, whole grain roll, and apricots.</p>	<p>21</p> <p><b>Meatloaf</b>, roasted skin-on potatoes, brussels sprouts, whole grain roll, and mixed berry crisp.</p>	<p>22</p> <p><b>Turkey and Gravy</b>, mashed potatoes, carrots, whole wheat bread stuffing, and pumpkin pie, and fresh fruit</p>
<p>25</p> <p><b>Herb-Encrusted Tilapia</b>, yams, winter blend vegetables, brown rice pilaf, and an apple.</p>	<p>26</p> <p><b>Popcorn Chicken</b>, mashed potatoes, corn, whole wheat biscuit, and a banana.</p>	<p>27</p> <p><b>Chicken Salad</b>, edamame, stewed tomatoes, whole grain roll, and grapes.</p>	<p>28</p> <p><b>Closed for Thanksgiving</b></p>	<p>29</p> <p><b>Closed for Thanksgiving</b></p>